

(1) Medical/Social and Psychological Evaluations are:

- (a) ordered or prescribed by a physician or other licensed practitioner of the healing arts within the scope of his/her practice and as defined by state law;
- (b) provided by qualified professionals, e.g., medical evaluations are carried out by physicians or other licensed practitioners of the healing arts as defined by state law, psychological evaluations are carried out by licensed qualified psychologists and medical social histories are carried out by qualified social workers and medical or nursing personnel;
- (c) provided either directly by the facility or provided by other qualified professionals on a referral basis. Such evaluations must be ordered or prescribed by a physician or other licensed practitioners of the healing arts within the scope of his/her practice as defined by state law; other evaluation services such as speech and hearing evaluations and neurological evaluations are provided either directly by the facility or provider or by other qualified professionals on a referral basis;
- (d) directed toward the formulation of a diagnosis and/or treatment plan which specifies the type, amount and duration of treatment projected to remedy the defined physical or mental disorders or mental deficiencies of the patient.

(2) Comprehensive Treatment Plan is:

- (a) the development, periodic review and revision of the treatment plan under the direction of a physician or other licensed practitioner of the healing arts within the scope of his/her practice and as defined by state law from data contained in the medical/social and psychological evaluation which specifies the type and duration of treatment needed to remedy the defined physical or mental disorders or mental deficiencies of the patient.

(3) Psychotherapy Services include:

- (a) individual psychotherapy services when provided directly by a qualified staff member in accordance with the goals specified in a medical treatment plan written and ordered or prescribed by a physician or licensed practitioner of the healing arts as defined by state law;

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- (b) group psychotherapy services when provided in accordance with goals specified in a written medical treatment plan as described in (a) above and limited to five (5) individuals per each staff person;
 - (c) patient centered family therapy services which include the recipient's family members and are delivered in accordance with goals as specified in a medical care treatment plan as described in (3) (a) above.
- (4) Developmental Therapy is:
- (a) treatment which is ordered or prescribed by a physician;
 - (b) provided directly by a qualified therapist;
 - (c) part of a treatment plan which specifies therapy modality and projected amount and duration of treatment to restore the patient to his optimal level of development;
 - (d) directed toward the rehabilitation of defined physical or mental disorders or mental deficiencies in the areas of sensomotor, communicative and affective development;
 - (e) there must be a minimum ratio of one (1) qualified therapist for every five (5) individuals involved in group developmental therapy.
- (5) Other Therapies are:
- (a) other therapies provided in accordance with a physician's authorized medical care treatment plan such as speech and hearing therapy, physical therapy, and occupational therapy;
 - (b) provided by licensed staff members or other licensed professionals on a referral basis.
- (6) Patient-centered Consultation is:
- (a) related to a specific patient;
 - (b) provided by a licensed or certified health professional staff member;
 - (c) provided in accordance with the physician authorized medical care plan to the staff of other agencies, other care/treatment providers and/or family members and others whose involvement and cooperation is important to the success of the treatment plan.
- (7) The maximum number of days allowed for a combination of all the services is limited to the prescription of the physician-approved treatment plan, and the contracted level of service.

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13.d. Rehabilitative Mental Health Services

Mental health rehabilitative services include coordinated assessment, therapy, daily structure/support, consultation, medication management, skills training and interpretive services. The Mental Health and Developmental Disability Services Division (the Division) may provide these services in various settings, including residential. Each contract or subcontract provider of rehabilitative services establishes a quality assurance system and a utilization review process. Each contract or subcontract provider, in conjunction with a representative quality assurance committee, writes a quality assurance plan to implement a continuous cycle of measurement, assessment and improvement of clinical outcomes based upon input from service providers, clients and families served, and client representatives.

The Division provides mental health rehabilitative services through approved Comprehensive Services Providers (CSPs) or Mental Health Organizations (MHOs). The CSPs or MHOs may provide services directly, or through subcontract providers, in a variety of settings. For CSP subcontract providers, the Division must grant a certificate of approval for the scope of services to be reimbursed.

Licensed Medical Practitioners (LMPs), defined below, provide ongoing medical oversight. LMPs document the medical necessity and appropriateness of services by approving comprehensive mental health assessments and individualized treatment plans at least annually.

Clinical Supervisors, defined below, provide documented clinical oversight, at least every three months, of the effectiveness of mental health treatment services delivered by Qualified Mental Health Associates (QMHA's) and by Qualified Mental Health Professionals (QMHPs).

An "LMP" means a person who meets the following minimum qualifications as documented by the Local Mental Health Authority (LMHA) or designee:

1. Holds at least one of the following educational degrees and valid licensures:
 - a. Physician licensed to practice in the State of Oregon;
 - b. Nurse Practitioner licensed to practice in the State of Oregon; or
 - c. Physician's Assistant licensed to practice in the State of Oregon; and

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2. Whose training, experience and competence demonstrates the ability to conduct a comprehensive mental health assessment and provide medication management.

A "Clinical Supervisor" means a QMHP with at least two years of post graduate clinical experience in a mental health treatment setting who subscribes to a professional code of ethics. The Clinical Supervisor, as documented by the LMHA, demonstrates the competency to oversee and evaluate the mental health treatment services provided by a QMHA or QMHP.

A "QMHP" means a Licensed Medical Practitioner or any other person meeting the following minimum qualifications as documented by the LMHA or designee:

1. Graduate degree in psychology;
2. Bachelors degree in nursing and licensed by the State of Oregon;
3. Graduate degree in social work;
4. Graduate degree in a behavioral science field;
5. Graduate degree in a recreational, art, or music therapy; or
6. Bachelor's degree in occupational therapy and licensed by the State of Oregon; and
7. Whose education and experience demonstrates the competencies to identify precipitating events; gather histories of mental and physical disabilities, alcohol and drug use, past mental health services and criminal justice contacts; assess family, social and work relationships; conduct a mental status examination; document a multi-axial DSM diagnosis; write and supervise a treatment plan; conduct a comprehensive mental health assessment; and provide individual, family, and/or group therapy within the scope of their training.

A "QMHA" means a person delivering services under the direct supervision of a QMHP who meets the following minimum qualifications as documented by the LMHA or designee:

1. A bachelor's degree in a behavioral sciences field; or
2. A combination of at least three year's relevant work, education, training or experience; and
3. Has the competencies necessary to:
 - a. Communicate effectively;
 - b. Understand mental health assessment, treatment and service terminology and to apply the concepts; and
 - c. Provide psychosocial skills development and to implement interventions prescribed on a treatment plan within their scope of practice.

Only LMPs, QMHPs, or QMHAs may deliver the mental health treatment services specified in the Division's Rehabilitative Services Payment Schedule.

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13.d. Rehabilitative Alcohol & Drug Services

Alcohol and drug rehabilitative services are provided upon recommendation of a physician to eligible clients through comprehensive agencies or facilities granted a Letter of Approval by the Office of Alcohol and Drug Abuse Programs, Department of Human Resources. The services to be provided include assessment, outpatient treatment, methadone dispensing, treatment monitoring, consultation, and acupuncture.

The services will be provided by any person meeting the following minimum qualifications:

Physician licensed to practice in Oregon;

Graduate Degree in Psychology;

Graduate Degree in Social Work;

Graduate Degree in Nursing and licensed in the State of Oregon;

Acupuncturist licensed to practice in Oregon;

Any other person whose education and experience meet the standards and qualifications established by the State Office of Alcohol and Drug Abuse Programs through administrative rule.

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13.d. School-Based Rehabilitative Services

School-based rehabilitative services are health-related services that:

- a) address the physical or mental disabilities of a child,
- b) are recommended by health care professionals, and
- c) are identified in a child's Individual Education Plan (IEP) or Individual Family Service Plan (IFSP).

School-based rehabilitative services are delivered by providers approved by the Oregon Department of Education as providers of school-based health services.

School-based rehabilitative services include:

- 1) Physical and occupational therapy evaluations, and treatments
- 2) Speech evaluations and therapy treatments
- 3) Audiological services
- 4) Nursing evaluations and services
- 5) Psychological evaluations and services
- 6) Vision services

Rehabilitative services also include evaluation, screening and assessment components for those students under consideration for an IEP.

13.e. Behavior Rehabilitation Services

Behavior Rehabilitation Services are provided to children/youth to remediate debilitating psycho-social, emotional and behavioral disorders. To provide early intervention, stabilization and development of appropriate coping skills upon the recommendation of a licensed practitioner of the healing arts within the scope of their practice within the law. Prior approval is required.

Service Description.

Behavior Rehabilitation Services may be provided in a variety of settings and consist of interventions to help children/youth acquire essential coping skills. Specific services include milieu therapy, crisis counseling, regular scheduled counseling and skills training. The purpose of this service is to remediate specific dysfunctions which have been explicitly identified in an individualized written treatment plan that is regularly

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reviewed and updated. Client centered treatment services may be provided individually or in groups and may include the child's/youth's biological, adoptive or foster family. Treatment is focused upon the needs of the child/youth, not the family unit. These services may be in conjunction with or in support of any other professional treatment services the child/youth may be receiving as required by the diagnosed condition.

The services will include crisis intervention and counseling on a 24-hour basis to stabilize the child's/youth's behavior until resolution of the problem is reached, or until the child/youth can be assessed and treated by a qualified Mental Health Professional or licensed Medical Practitioner.

Regular scheduled counseling and therapy is provided to remediate specific dysfunctions which have been explicitly identified in the treatment plan.

Skill training is provided to assist the child/youth in the development of appropriate responses to social and emotional behaviors, peer and family relationships, self-care, conflict resolution, aggression reduction, anger control, and to reduce or eliminate impulse and conduct disorders.

Milieu therapy refers to those activities performed with children/youth to normalize their psycho-social development and promote the safety of the child/youth and stabilize their environment. The child/youth is monitored in structured activities which may be developmental, recreational, academic, rehabilitative, or a variety of productive work activities. As the child/youth is monitored, planned interventions are provided to remediate the identified dysfunctional or maladaptive behaviors and promote their replacement with more developmentally appropriate responses.

Population To Be Served.

The population serviced will be EPSDT eligible children/youth who have primary mental, emotional and behavioral disorders and/or developmental disabilities that prevent them from functioning at developmentally appropriate levels in their home, school, or community. They exhibit such symptoms as drug and alcohol abuse, anti-social behaviors that require close supervision and intervention and structure, sexual behavior problems, victims of severe family conflict, behavioral disturbances often resulting from psychiatric disorders of the parents, medically compromised and developmentally disabled children/youth who are not otherwise served by the State Mental Health Developmental Disability Services Division.

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Provider Qualifications.

Program Coordinator: Responsibilities include supervision of staff, providing overall direction to the program, planning and coordinating program activities and delivery of services, and assure the safety and protection of children/youth and staff.

The Minimum Qualifications- A Bachelor's Degree, preferably with major study in psychology, Sociology, Social Work, Social Sciences, or a closely allied field, and two years experience in the supervision and management of a residential facility for care and treatment of children/youth.

Social Service Staff: Responsibilities include Case Management and the development of service plans; individual, group and family counseling; individual and group skills training; assist the Child Care Staff in providing appropriate treatment to children/youth; coordinate services with other agencies; document treatment progress.

The Minimum Qualifications- A Masters Degree with major study in Social Work or a closely allied field and one year of experience in the care and treatment of children/youth, or a Bachelor's Degree with major study in Social Work, psychology, Sociology, or a closely allied field and two years experience in the care and treatment of children/youth.

Child Care Staff: Responsibilities include direct supervision and control of the daily living activities of children/youth, assisting social service staff in providing individual, group and family counseling, skills training, provide therapeutic interventions to children/youth as directed by the individual treatment plans to address behavioral and emotional problems as they arise, monitor and manage the children's/youth's behavior to provide a safe, structured living environment that is conducive to treatment.

Minimum Qualifications- Require that no less than 50% of the Child Care Staff in a facility have a Bachelor's Degree. Combination of formal education and experience working with children/youth may be substituted for a Bachelor's Degree. Child Care are members of the treatment team and work under the direction of a qualified Social Service staff or a Program Coordinator.

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14.a. Services for individuals age 65 or older in
institutions for mental disease

Payments for persons age 65 or older in psychiatric hospitals will be made for individuals who have had a pre-admission screening except in an emergency, and certified eligible for payment by the Mental Health and Developmental Disability Services Division or its designee.

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AMOUNT, DURATION AND SCOPE OF MEDICAL
AND REMEDIAL CARE AND SERVICES PROVIDED TO THE CATEGORICALLY NEEDY

- 15.a. Intermediate care facility services (other than such services in an institution for mental diseases) for persons determined, in accordance with section 1902(a)(31)(A) of the Act, to be in need of such care.

☒ Provided: ☐ No limitations ☒ With limitations*
☐ Not provided.

- b. Including such services in a public institution (or distinct part thereof) for the mentally retarded or persons with related conditions.

☒ Provided: ☐ No limitations ☒ With limitations*
☐ Not provided.

16. Inpatient psychiatric facility services for individuals under 22 years of age.

☒ Provided: ☐ No limitations ☒ With limitations*
☐ Not provided.

17. Nurse-midwife services.

☒ Provided: ☐ No limitations ☒ With limitations*
☐ Not provided.

18. Hospice care (in accordance with section 1905(o) of the Act).

☐ Provided: ☐ No limitations ☐ With limitations*
☒ Not provided.

*Description provided on attachment.

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